



One College Drive, Blythe CA 92225
(760) 921-5500

Course Control Number: CCC000604816		
Course Outline Approval Dates		
Modality	Curriculum Committee	Board of Trustees
Face-to-face	3/14/2019	4/16/2019
Correspondence Ed.		
Distance Ed.		

COURSE OUTLINE OF RECORD

Course Information

Course Initiator: Gregory Snider			
CB01 - Subject and Course #: KIN 101			
CB02 - Course Title: First Aid and CPR			
New Course: <input checked="" type="checkbox"/>		Non-Substantial: <input type="checkbox"/>	
		Substantial: <input type="checkbox"/>	
Articulation Request: <input checked="" type="checkbox"/> UC		<input checked="" type="checkbox"/> CSU	
		<input checked="" type="checkbox"/> CSU-GE	
		<input checked="" type="checkbox"/> IGETC	
Lecture Hours: 54		Laboratory Hours:	
		Clinical/Field Hours:	
CB06/CB07: Course Units: 3.0			
Prerequisites:			
Co-requisites:			
Advisories:			
CB03 - TOP Code:		1270.00 - Kinesiology	
CB04 - Credit Status:		D - Credit - Degree Applicable	
CB05 - Transfer Status:		B - Transferable to CSU only	
CB08 - Basic Skills Status:		N - Course is not a basic skills course	
CB09 - SAM Priority Code:		E - Non-Occupational	
CB10 - Cooperative Work:		N - Is not part of Cooperative Work Experience Education Program	
CB11 - Course Classification:		Y - Credit Course	
CB13 - Approved Special:		N - Course is not a special class	
CB21 - Prior Transfer Level:		Y - Not Applicable	
CB22 - Noncredit Category:		Y - Credit Course	
CB23 - Funding Agency:		Y - Not Applicable	
CB24- Program Status:		1 - Program Applicable	
Transfer Request:		A= UC and CSU	

Please select the appropriate box(s) of the modalities in which this course will be offered, and fill out the appropriate sections for that mode.

- Face-to-Face – Section B
- Correspondence Education – Section C
- Distance Education – Section D

JUSTIFICATION OF NEED:

KIN 101 satisfies the CORE requirement for the AA-T in Kinesiology for Transfer

CATALOG DESCRIPTION:

This course involves the theory and detailed demonstration of the first aid care of the injured. The student will learn to assess a victim's condition and incorporate proper treatment. Standard first aid, CPR, and AED certification(s) will be granted upon successful completion of requirements.

COURSE OBJECTIVES:

1. Assess victims of injury and medical emergencies and apply emergency action plan
2. Describe the signs and symptoms associated with common medical emergencies Demonstrate the first aid care that is needed in common medical emergencies
3. Demonstrate cardiopulmonary resuscitation and the use of AED
4. Demonstrate bandaging and splinting techniques
5. Demonstrate emergency rescue moves
6. Evaluate their lifestyle for health and safety concerns and set personal goals for achieving a safe and healthy lifestyle

STUDENT LEARNING OUTCOMES:

1. Understand and apply basic first aid and safety principles.
2. Acquire the ability to recognize and identify signs and symptoms requiring first aid attention.
3. Apply CPR techniques and properly use an AED, as delineated by the American Heart Association.

A. COURSE OUTLINE AND SCOPE

1. Outline of topics or content:

- a. Introduction: Legal and Moral Aspects.
- b. Victim Assessment: Primary Survey, Second Survey.
- c. Bleeding and Wounds: External/Internal.
- d. Specific Body Area Injuries: Head, Chest, Abdominal.
- e. Burns: Heat, Chemical, Electrical, and Radiation.
- f. Cold-and-Heat-Related Emergencies: Frost Bite, Hypothermia.
- g. Bone, Joint, and Muscle Injuries: Fractures, Sprains, Dislocations.
- h. Shock: Insulin Shock, Diabetic Coma, Allergic Reactions.
- i. Poisoning: Swallowed/Injected.
- j. Crisis Intervention: Child Abuse, Drug/Alcohol, Rape and Sexual Assault, Suicide.
- k. Medical Emergencies: Heart Attack, Stroke, Epilepsy.
- l. Basic Life Support: C.P.R. Adult, Child, and Infant, and Complications of C.P.R.
- m. Emergency Child Birth: Normal/Complicated.
- n. First Aid Skills: Bandaging, Splinting, Moving, and Rescuing.
- o. Supplemental Instruction:
Videos--(1) First Aid; (2) C.P.R.; (3) Child Birth.
Color Slide Presentation--(1) Wounds and Injuries.
- p. AED instruction
- q. Healthy lifestyle and personal safety concerns

2. If a course contains laboratory or clinical/field hours, list examples of activities or topics:

3. Examples of reading assignments:

Read and complete the critical thinking questions in the text at the end of the chapter

4. Examples of writing assignments:

Rewrite and/or add supplemental information to the notes required to be taken during class time lecture (short papers)

5. Appropriate assignments to be completed outside of class:

- a. Reading assignments.
- b. Complete 13 self-check activities (equivalent of 13 chapters in workbook) with an 80 percentile minimum correctness.

6. Appropriate assignments that demonstrate critical thinking:

Perform simulated response situations

7. Other assignments (if applicable):

Check if Section B is not applicable

B. FACE-TO-FACE COURSE SECTIONS:

Face-to-face education

Is a mode of delivery in which instruction is delivered in a traditional classroom setting, with instructor and students located simultaneously in the same classroom facility.

1. Describe the methods of instruction:

- a. Demonstration, Repetition/Practice
- b. Discussion
- c. Individualized Study
- d. Lecture
- e. Observation
- f. Participation
- g. Role Playing

2. Describe the methods of evaluating of student performance.

1. Exams and quizzes designed to assess the students' knowledge of body systems, the emergency action plan, and signs and symptoms and proper care for injuries and medical emergencies
2. Practical skill tests designed to evaluate the students' ability to perform practical skills such as bandaging, splinting, and CPR simulated scenarios
3. Written and practical certification tests
4. Assignments to assess their lifestyle for health and safety concerns

3. Describe how the confidentiality of the student's work and grades will be maintained.

Instructors shall make reasonable efforts to protect the confidentiality of students' grades and graded work consistent with practices described in the Family Education Rights and Privacy Act (FERPA).

4. If the course has a lab component, describe how lab work is to be conducted and how student work is to be evaluated.

NOTE: Students will be encouraged by instructors of this course to direct themselves to the College's Disabled Students' Programs and Services (DSP&S) department if they believe they have a learning disability.

Check if Section C is not applicable

C. CORRESPONDENCE EDUCATION COURSE SECTIONS (Correspondence, hybrid correspondence)

Correspondence education

is a mode of delivery in which instructional materials are delivered by mail, courier or electronic transmission to students who are separated from the instructor by distance. Contact between instructor and students is asynchronous.

Hybrid correspondence education

is the combination of correspondence and face-to-face interaction between instructor and student.

1. Describe the methods of instruction.

2. Describe the methods of evaluating student performance.

3. Describe how regular, effective contact between the instructor and a student is maintained.

4. Describe procedures that help verify the individual submitting class work is the same individual enrolled in the course section.

5. Describe procedures that evaluate the readiness of a student to succeed in a correspondence or hybrid correspondence course section.

6. Describe how the confidentiality of the student's work and grades will be maintained.

7. If the course has a lab component, describe how lab work is to be conducted and how student work is to be evaluated.

8. If the course requires specialized equipment, including computer and computer software or other equipment, identify the equipment, and describe how it is to be accessed by students.

Note: Students will be encouraged by instructors of this course to direct themselves to the College's Disabled Students' Programs and Services (DSP&S) department if they believe they have a learning disability.

Check if Section D is not applicable

D. DISTANCE EDUCATION COURSE SECTIONS (online, ITV, hybrid)

Online education

is a mode of delivery in which all instruction occurs online via the Internet. Student and instructor access to email and the Internet is required. Students are required to complete class work using email, chat rooms, discussion boards and other instructional online venues.

Interactive television (ITV)

is a mode of synchronous delivery in which instruction occurs via interactive television (closed circuit).

Hybrid instruction

is a combination of face-to-face instruction and online instruction.

1. Describe the methods of instruction.

2. Describe the methods of evaluating of student performance.

3. Describe how regular, effective contact between the instructor and a student is maintained.

4. Describe procedures that help verify the individual submitting class work is the same individual enrolled in the course section.

5. Describe procedures that evaluate the readiness of a student to succeed in an online, ITV or hybrid course section.

6. Describe how the confidentiality of the student's work and grades will be maintained.

7. If the course has a lab component, describe how lab work is to be conducted and how student work is to be evaluated.

8. If the course requires specialized equipment, including computer and computer software or other equipment, identify the equipment, and describe how it is to be accessed by students.

Note: Students will be encouraged by instructors of this course to direct themselves to the College's Disabled Students' Programs and Services (DSP&S) department if they believe they have a learning disability.

E. REPRESENTATIVE TEXTBOOKS AND OTHER READING AND STUDY MATERIALS:

List author, title, and current publication date of all representative materials.

American Academy of Orthopaedic Surgeons (2012 or most recent edition). First Aid, C.P.R., & A.E.D. (7th/e). Boston, MA Jones & Bartlett Publishers.

SIGNATURES

COURSE INITIATOR: _____

DATE: _____

DIVISION CHAIR: _____

DATE: _____

LIBRARY: _____

DATE: _____

CHAIR OF CURRICULUM COMMITTEE: _____

DATE: _____

SUPERINTENDENT/PRESIDENT: _____

DATE: _____